

# Catherine Obreza Fetterman

## Artist, Educator, Speaker

Founder and CEO of Art Together LLC (originally known as LinguaArt Services from 1997-2012)

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### EDUCATION

*Master of Arts* MIDDLEBURY COLLEGE, Middlebury, VT, French  
*Bachelor of Arts* SMITH COLLEGE, Northampton, MA, French (major) and Art (minor)  
INSTITUT D'ART ET D'ARCHEOLOGIE (Sorbonne), Paris, France

Professional development training is on-going and includes conferences, workshops, certification and training programs and resources developed by organizations such as: National Center for Creative Aging, National Guild of Community Schools of the Arts, Lifetime Arts, Art Without Boundaries Association, Institute of Dementia Education and Arts, Alzheimer's Association and Small Business Development Center.

### AWARDS AND HONORS (partial listing)

2015 *Leesburg Small Business Public Art Award (Honorable Mention)*  
2012 *Leesburg Small Business Public Art Award*  
2004 *Outstanding Women of Loudoun County—Art Award*  
*Featured Artist, Channel 3 Artscapes program, July 16-22*  
2001 *Loudoun County, VA Artist of the Month October*  
1995 *Frieda Derdeyn Bambas Prize for Excellence in French, Middlebury College, VT*  
1994 *James M. Johnston Foundation Instructor, Mercersburg Academy, PA*  
1991 *Cum Laude, Bachelor of Arts, French and Art, Smith College, Northampton, MA*  
1990 *Ruth Alpern Leipziger French Fellowship Prize, Smith College, MA*

### THERAPEUTIC ART ENRICHMENT PROGRAMS FOR SENIOR ADULTS AND THOSE WITH DISABILITIES 2004-present

Design and implement collaborative, adaptive and therapeutic art programs for seniors of all ability levels- including those with or without cognitive and/or physical impairments- and their caregivers. Provide educational talks about the benefits of hands-on participatory art programs for older adults to groups, which have included: Inova Stroke Recovery Support Group, Osher Lifelong Learning Institute, Catholic Business Network, Inova TV, Alzheimer's Association Memory Cafe, among others.

### ART INSTRUCTION FOR CHILDREN AND ADULTS 1997-present

Offer private and group instruction in art to individuals, families, schools and businesses with a special focus on making collaborative works with participants of all ages and levels of ability.

**Herkimer High School**, One week watercolor workshop for high school art students; Herkimer, NY 2005

**School of the Arts**, Herndon, VA 2009-2011

**PAVAN (Performing and Visual Arts Northwest)**, Leesburg, VA 2008

**Loudoun County Dept. of Parks, Rec., and Comm. Services**, Loudoun County, VA 2004-2011

**Loudoun County Public Schools Adult Education**, Loudoun County, VA 2002-05

### IN-SERVICE WORKSHOPS FOR ART TEACHERS & ACTIVITY PROFESSIONALS

**Maryland Activity Coordinator's Society (MACS)**, Annual Conference, Ocean City, MD 2016

Lead two 90 minute hands-on painting workshops for up to 30 Activity Directors per workshop.

**Loudoun County Public Schools**, Loudoun County, VA 2006

Taught a one-week 30-hour course to art teachers focusing on the fundamental techniques and materials used for painting in traditional transparent watercolor.

**Loudoun County Public Schools**, Loudoun County, VA 2003

Planned and conducted a 3-hour hands-on exploratory workshop entitled "Watercolor: Beyond the Basics" for all (26) Loudoun County Public School middle school art teachers that introduced non-traditional methods & materials for painting in watercolor.

### OTHER TEACHING EXPERIENCE

**Guest Lecturer** Osher Lifelong Learning Institute (OLLI), Sterling & Fairfax, VA 2013, 2014 & 2016

**Religious Education Teacher**, Saint Francis de Sales, Purcellville VA 2006-08  
**Elementary School French Teacher**, Loudoun Country Day School, Leesburg, VA 1998-2000  
**Enrichment French Teacher**, KidsRSmart, Catoctin Elementary, Leesburg, VA 1998  
**ESL Instructor**, *Loisirs Culturels a l'Etranger*, Purcellville, VA 1998  
**Camp Director, Foreign Language & Arts Instructor**, *Ida Lee Rec. Ctr.*, Leesburg, VA 1996-97  
**Literacy Volunteer**, Loudoun Literacy Council, Leesburg, VA 1996-99  
Trained new volunteer ESL tutors. Supervised weekly approximately 10 adult learners and tutors.  
**High School French Teacher, Advisor, Coach**, *Mercersburg Academy*, *Mercersburg, PA '91-'96*  
**Activities Volunteer**, Trousseau Hospital, Paris, France 1990  
Volunteered weekly for a few months at Paris' children's hospital. Planned and coordinated arts and crafts activities for young patients with mental, mobility and sight impairments.  
**Museum Volunteer**, Munson-Williams Proctor Institute, Utica, NY 1989  
Researched local history and assisted in development and implementation of the "Museum-School Project" designed to teach history through visual and tactile exercises and activities in art and art history.

#### JUROR EXPERIENCE (partial listing)

Loudoun County Public Schools, Art Fair 2001-10  
The Women's Club of Loudoun, Inc., *Art Competition 2006*  
Franklin Park Elementary School, Art Competition 2002  
Loudoun Education Foundation, *Sculpting A Legacy* 2001  
Loudoun Arts Council, Excellence in the Arts Awards ~1998

#### SELECTED EXHIBITS

##### **FEATURED ARTIST SHOWS**

The Potomac Gallery (Leesburg, VA), ArtSquare (Leesburg, VA), Archangel Arts Center (Madison, VA), Reina's (Herkimer, NY), Middleburg Library (Middleburg, VA), The Christian Shoppe (Purcellville, VA), Western Loudoun Artists Studio Tour (Leesburg, VA), Loudoun County Convention & Visitor's Center (Leesburg, VA), Herkimer High School (Herkimer, NY)

##### **JURIED SHOWS** (partial listing)

Art at the Mill (Millwood, VA), Oatlands Plantation (Leesburg, VA), George Washington University (Ashburn, VA), US Geological Survey (Reston, VA), Aldie Mill (Aldie, VA), Gallery 222 (Leesburg, VA)

##### **INVITATIONAL SHOWS** (partial listing)

Archangel Arts Center (Madison, VA), Christendom College (Front Royal, VA)

##### **GROUP SHOWS** (partial listing)

The Potomac Gallery (Leesburg, VA), Holy Cross Lutheran Church (Herndon, VA), Our Lady of Hope Catholic Church (Sterling, VA), Dominican Retreat Center (McLean, VA), Barns at Franklin Park (Purcellville, VA), Tarara Winery (Leesburg, VA), Loudoun Academy of the Arts (Leesburg, VA), Waterford Fair (Waterford, VA), Leesburg-Sterling Family Practice (Leesburg, VA), George Washington University (Ashburn, VA), NOVA Urgent Care (Leesburg, VA), King Street Studios (Leesburg, VA)

#### OTHER

**Board Member**, Art Without Boundaries Association 2014-2017

Created a handbook for board members; co-lead efforts in identifying and pursuing organizational goals and objectives by creating, administering and compiling results of surveys for both members and trainers; met regularly with colleagues and professionals in and outside the fields of arts and healthcare to learn best practices, share the mission of AWBA and build organizational affiliations.

**Exhibit Coordinator**, *Arts in Offices*, Loudoun Arts Council, Leesburg, VA 2001-02

Developed a program for local artists to exhibit in a network of satellite galleries in businesses throughout the county. Volunteered approx. 40 hours/month for two years to manage this program.

**Board Member**, Loudoun Arts Council, VA 1998-2001, Vice-president 1998-99 **Chair** (3yrs), **Co-Chair** (1yr) for the *Excellence in the Arts Awards*, Served as project lead for a county-wide annual multi-arts high school competition: coordinated volunteer efforts, located venues, wrote call for entries, and secured judges.